

# Health History Form

**ADA** American Dental Association®

America's leading advocate for oral health

Email:

Today's Date:

As required by law, our office adheres to written policies and procedures to protect the privacy of information about you that we create, receive or maintain. Your answers are for our records only and will be kept confidential subject to applicable laws. Please note that you will be asked some questions about your responses to this questionnaire and there may be additional questions concerning your health. This information is vital to allow us to provide appropriate care for you. This office does not use this information to discriminate.

Name:			Home Phone: <i>Include area code</i>		Business/Cell Phone: <i>Include area code</i>	
<i>Last First Middle</i>			( )		( )	
Address:			City:		State: Zip:	
<i>Mailing address</i>						
Occupation:			Height:		Weight: Date of Birth: Sex: M F	
SS# or Patient ID:			Emergency Contact:		Relationship: Home Phone: <i>Include area code</i> Cell Phone: <i>Include area code</i>	
			( )		( )	
If you are completing this form for another person, what is your relationship to that person?						
<i>Your Name</i>			<i>Relationship</i>			
<b>Do you have any of the following diseases or problems:</b> (Check DK if you Don't Know the answer to the the question) <b>Yes No DK</b>						
Active Tuberculosis.....						<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Persistent cough greater than a 3 week duration.....						<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Cough that produces blood.....						<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Been exposed to anyone with tuberculosis.....						<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>If you answer yes to any of the 4 items above, please stop and return this form to the receptionist.</b>						

## Dental Information *For the following questions, please mark (X) your responses to the following questions.*

Yes No DK	Yes No DK
Do your gums bleed when you brush or floss?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you have earaches or neck pains?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Are your teeth sensitive to cold, hot, sweets or pressure?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you have any clicking, popping or discomfort in the jaw?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Is your mouth dry?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you brux or grind your teeth?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Have you had any periodontal (gum) treatments?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you have sores or ulcers in your mouth?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Have you ever had orthodontic (braces) treatment?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you wear dentures or partials?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Have you had any problems associated with previous dental treatment?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you participate in active recreational activities?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Is your home water supply fluoridated?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Have you ever had a serious injury to your head or mouth?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Do you drink bottled or filtered water?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Date of your last dental exam:
If yes, how often? Circle one: DAILY / WEEKLY / OCCASIONALLY	What was done at that time?
Are you currently experiencing dental pain or discomfort?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Date of last dental x-rays:
What is the reason for your dental visit today?	
How do you feel about your smile?	

## Medical Information *Please mark (X) your response to indicate if you have or have not had any of the following diseases or problems.*

Yes No DK	Yes No DK
Are you now under the care of a physician?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Have you had a serious illness, operation or been hospitalized in the past 5 years?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Physician Name: Phone: <i>Include area code</i>	If yes, what was the illness or problem?
Address/City/State/Zip:	
Are you in good health?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Are you taking or have you recently taken any prescription or over the counter medicine(s)?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Has there been any change in your general health within the past year?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	If so, please list all, including vitamins, natural or herbal preparations and/or dietary supplements:
If yes, what condition is being treated?	
Date of last physical exam:	



# Medical Information Please mark (X) your response to indicate if you have or have not had any of the following diseases or problems.

(Check DK if you Don't Know the answer to the question)

Yes No DK

Do you wear contact lenses? ☐ ☐ ☐

**Joint Replacement.** Have you had an orthopedic total joint (hip, knee, elbow, finger) replacement? ☐ ☐ ☐

Date: \_\_\_\_\_ If yes, have you had any complications? ☐ ☐ ☐

Are you taking or scheduled to begin taking an antiresorptive agent (like Fosamax<sup>®</sup>, Actonel<sup>®</sup>, Atelvia, Boniva<sup>®</sup>, Reclast, Prolia) for osteoporosis or Paget's disease? ☐ ☐ ☐

Since 2001, were you treated or are you presently scheduled to begin treatment with an antiresorptive agent (like Aredia<sup>®</sup>, Zometa<sup>®</sup>, XGEVA) for bone pain, hypercalcemia or skeletal complications resulting from Paget's disease, multiple myeloma or metastatic cancer? ☐ ☐ ☐

Date Treatment began: \_\_\_\_\_

**Allergies.** Are you allergic to or have you had a reaction to: To all **yes** responses, specify type of reaction.

Yes No DK

Local anesthetics ☐ ☐ ☐

Aspirin ☐ ☐ ☐

Penicillin or other antibiotics ☐ ☐ ☐

Barbiturates, sedatives, or sleeping pills ☐ ☐ ☐

Sulfa drugs ☐ ☐ ☐

Codeine or other narcotics ☐ ☐ ☐

Yes No DK

Do you use controlled substances (drugs)? ☐ ☐ ☐

Do you use tobacco (smoking, snuff, chew, bidis)? ☐ ☐ ☐  
If so, how interested are you in stopping?  
Circle one: VERY / SOMEWHAT / NOT INTERESTED

Do you drink alcoholic beverages? ☐ ☐ ☐

If yes, how much alcohol did you drink in the last 24 hours? \_\_\_\_\_

If yes, how much do you typically drink in a week? \_\_\_\_\_

**WOMEN ONLY** Are you:

Pregnant? ☐ ☐ ☐

Number of weeks: \_\_\_\_\_

Taking birth control pills or hormonal replacement? ☐ ☐ ☐

Nursing? ☐ ☐ ☐

**Please mark (X) your response to indicate if you have or have not had any of the following diseases or problems.**

Yes No DK

Artificial (prosthetic) heart valve ☐ ☐ ☐

Previous infective endocarditis ☐ ☐ ☐

Damaged valves in transplanted heart ☐ ☐ ☐

Congenital heart disease (CHD)

Unrepaired, cyanotic CHD ☐ ☐ ☐

Repaired (completely) in last 6 months ☐ ☐ ☐

Repaired CHD with residual defects ☐ ☐ ☐

*Except for the conditions listed above, antibiotic prophylaxis is no longer recommended for any other form of CHD.*

Yes No DK

Cardiovascular disease ☐ ☐ ☐

Angina ☐ ☐ ☐

Arteriosclerosis ☐ ☐ ☐

Congestive heart failure ☐ ☐ ☐

Damaged heart valves ☐ ☐ ☐

Heart attack ☐ ☐ ☐

Heart murmur ☐ ☐ ☐

Low blood pressure ☐ ☐ ☐

High blood pressure ☐ ☐ ☐

Other congenital heart defects ☐ ☐ ☐

Yes No DK

Mitral valve prolapse ☐ ☐ ☐

Pacemaker ☐ ☐ ☐

Rheumatic fever ☐ ☐ ☐

Rheumatic heart disease ☐ ☐ ☐

Abnormal bleeding ☐ ☐ ☐

Anemia ☐ ☐ ☐

Blood transfusion ☐ ☐ ☐

If yes, date: \_\_\_\_\_

Hemophilia ☐ ☐ ☐

AIDS or HIV infection ☐ ☐ ☐

Arthritis ☐ ☐ ☐

Yes No DK

Autoimmune disease ☐ ☐ ☐

Rheumatoid arthritis ☐ ☐ ☐

Systemic lupus erythematosus ☐ ☐ ☐

Asthma ☐ ☐ ☐

Bronchitis ☐ ☐ ☐

Emphysema ☐ ☐ ☐

Sinus trouble ☐ ☐ ☐

Tuberculosis ☐ ☐ ☐

Cancer/Chemotherapy/

Radiation Treatment ☐ ☐ ☐

Chest pain upon exertion ☐ ☐ ☐

Chronic pain ☐ ☐ ☐

Diabetes Type I or II ☐ ☐ ☐

Eating disorder ☐ ☐ ☐

Malnutrition ☐ ☐ ☐

Gastrointestinal disease ☐ ☐ ☐

G.E. Reflux/persistent

heartburn ☐ ☐ ☐

Ulcers ☐ ☐ ☐

Thyroid problems ☐ ☐ ☐

Stroke ☐ ☐ ☐

Yes No DK

Glaucoma ☐ ☐ ☐

Hepatitis, jaundice or

liver disease ☐ ☐ ☐

Epilepsy ☐ ☐ ☐

Fainting spells or seizures ☐ ☐ ☐

Neurological disorders ☐ ☐ ☐

If yes, specify: \_\_\_\_\_

Sleep disorder ☐ ☐ ☐

Do you snore? ☐ ☐ ☐

Mental health disorders ☐ ☐ ☐

Specify: \_\_\_\_\_

Recurrent Infections ☐ ☐ ☐

Type of infection: \_\_\_\_\_

Kidney problems ☐ ☐ ☐

Night sweats ☐ ☐ ☐

Osteoporosis ☐ ☐ ☐

Persistent swollen glands

in neck ☐ ☐ ☐

Severe headaches/

migraines ☐ ☐ ☐

Severe or rapid weight loss ☐ ☐ ☐

Sexually transmitted disease ☐ ☐ ☐

Excessive urination ☐ ☐ ☐

Has a physician or previous dentist recommended that you take antibiotics prior to your dental treatment? ☐ ☐ ☐

Name of physician or dentist making recommendation: \_\_\_\_\_

Phone: Include area code

( )

Do you have any disease, condition, or problem not listed above that you think I should know about? ☐ ☐ ☐

Please explain: \_\_\_\_\_

**NOTE: Both doctor and patient are encouraged to discuss any and all relevant patient health issues prior to treatment.**

I certify that I have read and understand the above and that the information given on this form is accurate. I understand the importance of a truthful health history and that my dentist and his/her staff will rely on this information for treating me. I acknowledge that my questions, if any, about inquiries set forth above have been answered to my satisfaction. I will not hold my dentist, or any other member of his/her staff, responsible for any action they take or do not take because of errors or omissions that I may have made in the completion of this form.

Signature of Patient/Legal Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Dentist: \_\_\_\_\_

Date: \_\_\_\_\_

FOR COMPLETION BY DENTIST

Comments: \_\_\_\_\_



DATE: \_\_\_\_\_

PRIMARY INSURANCE FORM (TO BE FILLED OUT BY PATIENT)		
<b>PATIENT INFORMATION</b>		
Patient Name:	Social Security Number:	
Birthdate:	Relationship to Subscriber:	
<b>SUBSCRIBER INFORMATION</b>		
Subscriber Name:	Social Security Number:	
Birthdate:	Subscriber ID Number:	
<b>INSURANCE INFORMATION</b>		
Insurance Company:		
Address:	Phone Number:	
Employer:	ID#:	Group #:
SECONDARY INSURANCE FORM (TO BE FILLED OUT BY PATIENT)		
<b>PATIENT INFORMATION</b>		
Patient Name:	Social Security Number:	
Birthdate:	Relationship to Subscriber:	
<b>SUBSCRIBER INFORMATION</b>		
Subscriber Name:	Social Security Number:	
Birthdate:	Subscriber ID Number:	
<b>INSURANCE INFORMATION</b>		
Insurance Company:		
Address:	Phone Number:	
Employer:	ID#:	Group #:

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LOUIS SANDOR, JR., D.D.S., P.A.

# CONSENT FOR USE AND DISCLOSURE OF HEALTH INFORMATION

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## SECTION A: PATIENT GIVING CONSENT

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Patient Number: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

## SECTION B: TO THE PATIENT—PLEASE READ THE FOLLOWING STATEMENTS CAREFULLY.

**Purpose of Consent:** By signing this form, you will consent to our use and disclosure of your protected health information to carry out treatment, payment activities, and healthcare operations.

**Notice of Privacy Practices:** You have the right to read our Notice of Privacy Practices before you decide whether to sign this Consent. Our Notice provides a description of our treatment, payment activities, and healthcare operations, of the uses and disclosures we may make of your protected health information, and of other important matters about your protected health information. A copy of our Notice accompanies this Consent. We encourage you to read it carefully and completely before signing this Consent.

We reserve the right to change our privacy practices as described in our Notice of Privacy Practices. If we change our privacy practices, we will issue a revised Notice of Privacy Practices, which will contain the changes. Those changes may apply to any of your protected health information that we maintain.

You may obtain a copy of our Notice of Privacy Practices, including any revisions of our Notice, at any time.

**Right to Revoke:** You will have the right to revoke this Consent at any time by giving us written notice of your revocation. Please understand that revocation of this Consent will *not* affect any action we took in reliance on this Consent before we received your revocation, and that we may decline to treat you or to continue treating you if you revoke this Consent.

## SIGNATURE

I, \_\_\_\_\_, have had full opportunity to read and consider the contents of this Consent form and your Notice of Privacy Practices. I understand that, by signing this Consent form, I am giving my consent to your use and disclosure of my protected health information to carry out treatment, payment activities and health care operations.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If this Consent is signed by a personal representative on behalf of the patient, complete the following:

Personal Representative's Name: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_



## HIPAA AUTHORIZATION FOR USE OR DISCLOSURE OF HEALTH INFORMATION

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_ Ext: \_\_\_\_\_

I authorize Sandor Family Dentistry to leave messages with medical information on voicemail or answering machine at the: Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Restrictions/ Instructions: \_\_\_\_\_

I authorize the following individual(s) to receive information pertaining to any medical history and treatment received:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_

Restrictions/ Instructions: \_\_\_\_\_

I authorize the following individual(s) to receive information pertaining to any billing issue and to act on my behalf:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_

Restrictions/ Instructions: \_\_\_\_\_

**In accordance with the Privacy Rule of the Health Insurance Portability and Accountability Act (HIPAA) of 1966, I understand that:**

1. I may revoke this authorization at any time, except to the extent where action has already been taken in accordance to the authorization for disclosure. My revocation must be in writing, signed by me or on my behalf, and delivered to our office. My revocation will be effective once received by our office.
2. The information provided under the release may be subject to re-disclosure by the recipient under circumstances no longer protected by HIPAA Privacy Rules.
3. My authorized representative will be required to provide legal documents to prove their authority to sign on my behalf and may be required to provide proof of identity.
4. A copy of this authorization may be used with the same effectiveness as the original.

This authorization shall supersede any prior written authorization I have made regarding the use, release and disclosure of my medical information.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_





### **Cancellation and No-Show Policy**

Definition of "Broken Appointment": A broken appointment is when you

- Cancel or reschedule an appointment with less than **24 Hour Notice**
- Do not show up for a scheduled appointment

Our number one concern is our patients' dental health. Providing services in a timely manner is critical to accomplish that goal. The appointment you schedule for treatment is reserved for you and your treatment only. When you fail to keep your appointment without providing us with adequate notice, this adds to the overall cost of care, as trained professionals and dental facilities are not being utilized.

We appreciate your understanding and consideration regarding our appointment policy and if you have any questions or concerns, never hesitate to ask us.

By signing I have read and understand the above mentioned policy.

Patient signature (Parent or Guardian if Minor)

- \$25.00 for a hygiene appointment
- \$50.00 for a doctors' appointment scheduled for an hour or less, each additional hour incurs an additional charge.

**A minimum 24 hour notification must be given to avoid a possible cancellation fee due to the inconvenience cause to the office.**

I have read and understand the above mentioned policy.

Patient Signature (Parent or Guardian if Minor)

Date

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## Financial Policy

Thank you for choosing us as your dental care provider. Our office is committed to providing you the best possible care. Please understand that payment of our bill is considered as part of your treatment. The following is a statement of our Financial Policy which we require you to read and sign prior to any treatment. All patients must complete our information and insurance forms before seeing the doctor.

### Regarding Payment

We accept the following forms of payment: cash, check, Visa, Discover, American Express, MasterCard and Lending Club.

Payment for services is due at time services are rendered unless prior arrangements have been made with the doctor and office manager.

If dentures, crown and bridges are to be fabricated by a dental laboratory, a 50% deposit will be required at the time of the first impression. The remaining balance is due at the time the prosthesis is cemented or inserted.

The parent that accompanies the minor child/ or children to the appointment is responsible for any payment due. For unaccompanied minors, non-emergency treatment will be denied unless charges have been preauthorized before the appointment date or pre arrangements have been made with the doctor and office manager.

Checks that are returned to our office from your financial institution are subject to a returned check charge. This fee covered processing fees that are charged to the bank.

### Regarding Insurance

Our insurance policy is a contract between you and your insurance company; We are not a party to the contract. In event the insurance does not accept assignment of benefits and your insurance company has not paid your account in full within 60 days; the balance is transferred to your account and is your full responsibility. Please be aware that some, and perhaps all of the services provided may be non-covered services and not considered reasonable and customary under the terms of your insurance policy. Our practice is committed to providing the best treatment for our patients and we charge what is usual and customary for our area. You are responsible for payment regardless of any insurance companies' arbitrary determination of usual and customary rates.

Your complete insurance information must be presented at the time services are provided. Insurance claims cannot be backdates. Most benefits will be verified before you insurance company can be billed.

Insurance co-pays and deductibles must be paid at the time service.

We would be happy to discuss our charges and how they relate to your particular situation. We also realize that temporary situations may affect timely payment of your account. If such problems arise, we encourage you to contact us promptly for assistance in the management of your account.

Thank you for understanding our Financial Policy. Please let us know if you have any questions or concerns.

**By signing this form I acknowledge that I have read and understand the terms of this Financial Policy.**

Signature of Patient or Responsible Party : \_\_\_\_\_ Date: \_\_\_\_\_



## NOTICE OF PRIVACY PRACTICES

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THIS NOTICE DESCRIBES HOW HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.

THE PRIVACY OF YOUR HEALTH INFORMATION IS IMPORTANT TO US.

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### OUR LEGAL DUTY

We are required by applicable federal and state law to maintain the privacy of your health information. We are also required to give you this Notice about our privacy practices, our legal duties, and your rights concerning your health information. We must follow the privacy practices that are described in this Notice while it is in effect. This Notice takes effect 03/15/03 and will remain in effect until we replace it.

We reserve the right to change our privacy practices and the terms of this Notice at any time, provided such changes are permitted by applicable law. We reserve the right to make the changes in our privacy practices and the new terms of our Notice effective for all health information that we maintain, including health information we created or received before we made the changes. Before we make a significant change in our privacy practices, we will change this Notice and make the new Notice available upon request.

You may request a copy of our Notice at any time.

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### USES AND DISCLOSURES OF HEALTH INFORMATION

We use and disclose health information about you for treatment, payment, and healthcare operations. For example:

**Treatment:** We may use or disclose your health information to a physician or other healthcare provider providing treatment to you.

**Payment:** We may use and disclose your health information to obtain payment for services we provide to you.

**Healthcare Operations:** We may use and disclose your health information in connection with our healthcare operations. Healthcare operations include quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner and provider performance, conducting training programs, accreditation, certification, licensing or credentialing activities.

**Your Authorization:** In addition to our use of your health information for treatment, payment or healthcare operations, you may give us written authorization to use your health information or to disclose it to anyone for any purpose. If you give us an authorization, you may revoke it in writing at any time. Your revocation will not affect any use or disclosures permitted by your authorization while it was in effect. Unless you give us a written authorization, we cannot use or disclose your health information for any reason except those described in this Notice.

**To Your Family and Friends:** We must disclose your health information to you, as described in the Patient Rights section of this Notice. We may disclose your health information to a family member, friend or other person to the extent necessary to help with your healthcare or with payment for your healthcare, but only if you agree that we may do so.

**Persons Involved In Care:** We may use or disclose health information to notify, or assist in the notification of (including identifying or locating) a family member, your personal representative or another person responsible for your care, of your location, your general condition, or death. If you are present, then prior to use or disclosure of your health information, we will provide you with an opportunity to object to such uses or disclosures. In the event of your incapacity or emergency circumstances, we will disclose health information based on a determination using our professional judgment disclosing only health information that is directly relevant to the person's involvement in



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your healthcare. We will also use our professional judgment and our experience with common practice to make reasonable inferences of your best interest in allowing a person to pick up filled prescriptions, medical supplies, x-rays, or other similar forms of health information.

**Marketing Health-Related Services:** We will not use your health information for marketing communications without your written authorization.

**Required by Law:** We may use or disclose your health information when we are required to do so by law.

**Abuse or Neglect:** We may disclose your health information to appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. We may disclose your health information to the extent necessary to avert a serious threat to your health or safety or the health or safety of others.

**National Security:** We may disclose to military authorities the health information of Armed Forces personnel under certain circumstances. We may disclose to authorized federal officials health information required for lawful intelligence, counterintelligence, and other national security activities. We may disclose to correctional institution or law enforcement official having lawful custody of protected health information of inmate or patient under certain circumstances.

**Appointment Reminders:** We may use or disclose your health information to provide you with appointment reminders (such as voicemail messages, postcards, or letters).

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### PATIENT RIGHTS

**Access:** You have the right to look at or get copies of your health information, with limited exceptions. You may request that we provide copies in a format other than photocopies. We will use the format you request unless we cannot practicably do so. (You must make a request in writing to obtain access to your health information. You may obtain a form to request access. We will charge you a reasonable cost-based fee for expenses such as copies and staff time. You may also request access by sending us a letter to the address at the end of this Notice. If you request copies, we will charge you \$3 for each page, \$75 per hour for staff time to locate and copy your health information, and postage if you want the copies mailed to you. If you request an alternative format, we will charge a cost-based fee for providing your health information in that format. If you prefer, we will prepare a summary or an explanation of your health information for a fee.)

**Disclosure Accounting:** You have the right to receive a list of instances in which we or our business associates disclosed your health information for purposes, other than treatment, payment, healthcare operations and certain other activities, for the last 6 years, but not before April 14, 2003. If you request this accounting more than once in a 12-month period, we may charge you a reasonable, cost-based fee for responding to these additional requests.

**Restriction:** You have the right to request that we place additional restrictions on our use or disclosure of your health information. We are not required to agree to these additional restrictions, but if we do, we will abide by our agreement (except in an emergency).

**Alternative Communication:** You have the right to request that we communicate with you about your health information by alternative means or to alternative locations. **{You must make your request in writing.}** Your request must specify the alternative means or location, and provide satisfactory explanation how payments will be handled under the alternative means or location you request.

**Amendment:** You have the right to request that we amend your health information. (Your request must be in writing, and it must explain why the information should be amended.) We may deny your request under certain circumstances.

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